**BBC Radio 4**

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the system's not working and that's what we should tackle Baroness Nicholson thank you very much but time is 6 minutes to 7 has been a sharp rise in the number of teenagers getting so drunk so often that they are in effect poisoning themselves that's what a report from the Royal College of psychiatrists in to be suggesting of delays or of Nottingham University is one of the report's co authors good morning you are deliberately poisoning themselves well we're sick we've seen over the last 20 years about 27 % increase seen in all sorts of partisan thing young people and that's intentional or unintentional and alcohol related parties name the vast majority of the increase that we see actually is related to intentional poisonings that's overdose for example in young people particularly in young girls around age 16 15 16 here old right so not alcohol we do see an increase we have seen an increase in alcohol related poisonings of the last 20 years but the biggest increase has been any intentional self-harm

intentional poisonings so taking what to do is go and take a lot of aspirin or something like that mostly paracetamol we have been able to do a detailed analysis of the different substances because of that the quality of the data but paracetamol is tense to be they are the most common substance and would this be instead of cutting their risk source something horrible like that in this study we only looked at poisonings Bickers them posing one of the leading causes of death in in teenagers but term we were able to in particular to be a look of the farms of self harm but term which in other evidence suggests that self harm the tide is also increasing but we weren't able to compare the different times in this particular study you're probably not able to answer this question good it was not part of the research you imagine but but why are they doing it why why this increased you think but you are right we did actually look at that in this particular study this this this study was based on looking at GP records so from 1.3 million and anonymised urge GPs

medical records so we couldn't see made the context they would conceive why people buy and keep Paul we're worth self harming but term from other studies and from Primark out onto frontline practitioners them they they do feel like listening been an increase in an pressure on young people to clear on young girls social media pressures exam pressures body image pressures so they make Contributer the reasons why but we were able to show that this particular work and I'm sorry I have a good move in an and can you be sure that those who effectively poisoned themselves with with alcohol on just getting drunk and enjoying getting drunk as teenagers done since time began we have seeds we have seen through a from the medical records an increase in the number of young people who are seeking medical attention for alcohol and that may be that and is becoming more common seek medical attention as opposed to his Mark common that it's happening overall but term but

the the the increases that we see again tend to be in particular so Gripper young people so girls in particular we've seen an increase in alcohol related to a medical attention so the fact that we see that particular so grew suggest that the paps maybe something underline the strength that we Yes it interesting that they would actually go to the doctor because they are worried about the drinking and so they they that we looked at GP records and and GPs will be informed about an hospital attendances accident and emergency attendances are admissions in hospital and they they keep you informed about those visits and they recalled that the medical record so this is not just the the occurrences of young people going to their gp to talk about alcohol although we do week we are able To look at that this would include those those young people who contact an emergency and gone been admitted into hospital as well the autumn thank you very much the key 3 minutes to 7 Louise is here with the weather forecast areas to morning